



**reeltime music**  
youth | music | community | recording studio

**Annual Report 2016/17**

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'**Reeltime Music** aims to bring about a **positive change** in the lives of disadvantaged young people. We do this by working in partnership to provide a range of **quality services** for young people and the local **community** in North Lanarkshire. Using the medium of the creative industries, we provide workshops, **partnership** projects, volunteering opportunities and recording and rehearsal services.'

# Foreword

When Reeltime Music was established in 1997, we wanted to create a facility for vulnerable young people who were interested in music but could not afford to participate. We wanted to change that and make music free and accessible to all of them. 20 years later our work is even more relevant and effective today than it was back then.

It is once again that time of year where as the Chairperson of our organisation I get to present our annual report to you. As in past reports you will see just how well we are progressing and how much our standards have risen yet again.

Our team continue to mesmerise us with the highest quality results for all the young people we have worked with over the past year.

Yet again it has been a difficult year for us in relation to securing the necessary funding. Just as in the previous year, grant funding has been cut or harder to obtain. However, we are, as ever, determined that we will not be deflected from our overall aim of developing the strength and growth of Reeltime Music – in other words, continuing to be a strong local charity supporting the needs of vulnerable young people.

Our amazing and hardworking trustees recognise the phenomenal work ethic and dedication of the staff in managing the services we provide both to our young people and our partners. We also know that our success is more difficult to achieve without the many hours given by the volunteers to enable our staff to carry out our work.

The trustees would also like to thank all of our supporters, friends and the funders who provided financial support, advice and guidance.

It is impossible to emphasise enough our gratitude to the staff team and the volunteers who give so much of their time to make Reeltime Music as successful as it is. They continue to deliver our core service to the highest level, and so we offer sincere thanks to every one of them.

I hope you enjoy reading about our past year's work. I know you will be impressed! Please continue to get behind us by giving your valuable and much appreciated support.

'Youth Work dressed as Rock 'n' Roll'

Ian Anderson  
Chairperson

# THE PRINCE'S TRUST WOLFSON CENTRE

80%

Of young people **loved**  
the project they were  
involved with

20%

Of young people  
**liked** the project they  
were involved with



# Who What & Why



"I had never thought about playing an instrument or buying one before I came to this project. Now I'm thinking of buying a drum kit so I can do this more often"

"I didn't think I would come back after the first week. I thought I wouldn't like this stuff. I've surprised myself, I'm really glad I came, I'm really enjoying it."

Shaun & Sophie  
Creatively Caring Project

## Who Are We?

Reeltime Music exists to create and provide opportunities for disadvantaged young people in the creative industries which will have an impact on their personal, social and career skills. The project was started in 1997 and opened its state of the art recording and rehearsal facility in 2003.

## What We Do?

### Recording & Rehearsal Studio

The studio facility offers young people an affordable way to practice and perform their music. This creative space has industry standard recording and rehearsal equipment. Young people also receive information and advice from our friendly and helpful staff.

### Community Music Workshops

Reeltime's experienced tutors deliver a unique blend of fun, youth work, multimedia and music instruction. We offer this to young people with a range of barriers and disadvantage. To do this we work closely with a network of local partners including Community Learning & Development, North Lanarkshire Education Department and other public and third sector partners.

### Tailored Projects

In conjunction with partners such as North Lanarkshire Council and Action for Children, Reeltime designs and delivers tailored projects to suit the outcomes of various local agencies.

## Volunteering Opportunities

We offer volunteering opportunities which build valuable skills and experience. These range from supporting our youth music groups and events to assisting with recording sessions and office administration.

## Music Youth Groups

Our tutors deliver music youth groups that meet weekly. These groups get local young people involved in creative activities that involve working in a group setting.

## Why Do We Do It?

We have found that by providing an informal service, music is a great way to break down barriers, learn new skills, increase aspirations and develop a more active lifestyle.

By promoting an environment where young people can work with friendly, knowledgeable, trained staff to learn about things they want to learn, young people can learn about the value of creativity, growth and participation.



98%

Of partners & young  
people rated our  
tutors as  
highly professional

2526

places taken in  
music workshops,  
live events &  
training courses

# Review of the Year

## Introduction

The Reeltime Board of Trustees are proud to present the main achievements of our charity over the past year. We hope you will enjoy reading about the impact of our work.

In the past twelve months we've delivered a wide and varied programme of activities. This comprised of a small number of in-house projects complimented by a wide range of work with our partners.

Over 1,100 young people took part in our activities. These included music workshops, live events, music groups and training courses.

24 young volunteers supported and delivered important activities. In doing so, this had an impact on Reeltime Music, local young people and their own development.

## Reeltime Projects

### The Young Sound

The Young Sound groups blend the best of youth work and the creative industries. To do this, young people develop creative and personal skills in regular weekly sessions.

This year both groups participated in a variety of valuable activities. These included instrumental tuition, group activities, media projects, live events, trips and workshops. Young people told us what they wanted from this project. We then introduced a three stage model that leads to volunteering and peer education.

## Partnership Projects

### Pre-Employability

#### Activity Agreement

North Lanarkshire Council runs the activity agreement programme for young people aged 16-29. It targets those not in employment, education or training. The aim of the programme is to help young people make choices about themselves and their future. To do this, we work with local centres to provide support through a variety of activities. These include music, media, group activities and more. Feedback from the young people involved continues to be excellent. Many report enjoying the atmosphere, learning new skills and thinking differently.

#### The Prince's Trust

We were delighted this year to deliver a programme with The Princes Trust. Get Started with Music is a week long programme for young people aged 16-25 who are out of work, education or training. Participants have the opportunity to meet new people and develop skills in music, music production and employability.

## Health and Wellbeing

### Soundminds

Soundminds is a youth led project which promotes positive mental health messages in creative ways. It does this as part of the Scottish Mental Health Arts and Film Festival. The steering group excelled themselves this year by holding a youth music event in Motherwell town centre. Volunteers provided workshops and local bands performed live. The group also interviewed members of the public about their views on mental health.

### Scotch Whisky Action Fund

This year, we worked with ten secondary schools to think creatively about how to reduce alcohol related harm. To do this, tutors partnered with Landed Peer Education Service to deliver eight sessions in each school. During the sessions the young people had the opportunity to come up with persuasive messages about responsible use of alcohol. They also got hands on with a variety of musical instruments and media equipment to create a video of their work.

## Young Parents Music Project

This year we partnered with McOPERA to deliver an innovative early years project for young parents. Delivered across two eight week blocks, parents worked with Reeltime staff for the first hour of each session and McOPERA staff for the second. Each group learned about the benefits of play with their child as well as working together to complete their own creative project. The McOPERA session modelled to parents examples of songs and play which can be done at home.

## REACH Lanarkshire

REACH Lanarkshire Autism provides practical support to individuals and families living with an autism spectrum condition. Reeltime tutors worked in partnership with REACH this year to deliver a ten week music and media project. The young people involved had the chance to try out a variety of musical instruments, complete creative challenges and complete a short project of their choice.

## Action for Children

We were delighted to have the chance to work with our partners at Action for Children again this year. Tutors delivered four eight week projects, which gave young people some time away from caring responsibilities. The creative music and media activities helped to reduce feelings of isolation, built new skills and raised awareness of local young carers support services.

## Education

### Supported Access to Learning & Employability

Supported Access to Learning and Employability offers an alternative education programme. It is designed for those who feel secondary, mainstream education does not meet their needs. Reeltime supports the programme by offering weekly music and media based activities. To do this, tutors use a collaborative approach, and young people always have a choice in the direction of their learning. The programme has raised attendance and attainment for many of the young people involved.

A large, vibrant pink splatter graphic with several smaller droplets trailing off from its edges, centered in the upper half of the page.

8

Music events  
this year



## Celebration of Youth Music Project

The Celebration of Youth Music Project is an example of new approaches to learning. Eight primary schools had the opportunity to write, record and perform a song about a particular theme. Along the way they interacted with various songwriters, composers and Reeltime staff. Each group recorded their song on location, enjoying the experience of singing and recording. A showcase performance was held in Motherwell Concert Hall. Each school donated the proceeds of CD sales to their chosen charities

## Community Music

### Coltness Music Project

The Coltness Music Project aims to bring informal music making to young people in and around Coltness High School. It targets young people who enjoy music but would not normally access the music department. The project involves regular after school workshops delivered by Reeltime tutors. These workshops link in with band nights held throughout the year. HMIe highlighted the project as an example of innovative practice in March 2014.

### Shotts GBT

This year we continued working in partnership with Shotts Healthy Living Centre. Both a younger and older group worked on a variety of projects. These projects encourage the building of musical, personal and social development skills. Also, for some of the young people involved it was their first experience of informal music making. Activities have included making music videos and mini-albums. The groups also performed live at events and for friends and family.

## Seasonal Projects

This year we also delivered a variety of short term and seasonal projects. These included working with voluntary sector partners such as The Teenage Cancer Trust and Spina Bifida Hydrocephalus Scotland. We also worked alongside our public sector partners to deliver a wide range of activities. These included school transition programmes and targeted youth projects.

## Events

Key events this year included the Rock the House event in June, Soundminds in October and the November Jam event in November. Other events were held in partnership with a number of local organisations. These included North Lanarkshire CL&D, Shotts GBT among others.

## Volunteering, Training and Organisational Development

Providing volunteering opportunities is essential to the running of Reeltime Music. This year, 24 volunteers contributed over 2700 volunteer hours. This supported our activities in workshops, studio recordings, through our community band My Generation, and at board level.

Training and development is another essential part of Reeltime Music. We believe that lifelong learning is a valuable and rewarding choice, and seek to model this where possible. This year we provided a range of opportunities for staff through a mix of in-house and external training.

## Conclusion

As you have have seen from this summary review, our small team has accomplished a lot in the past year. It takes commitment, effort, planning and collaboration to deliver such results.

We are indebted to all our staff and volunteers for their dedication and hard work.



"The Young Sound was amazing for me. The challenges along the way helped me to rebuild myself, the confidence and skills I gained will forever be a part of me. I don't know how they did it but they worked wonders, it was just what I needed at that time. I can't thank everyone enough for what they did, not only for me but every young person they work with"

Helen Robertson  
Young Person



"I have learned so much from Reeltime, both regarding music and how to be a better person. They've shown me how to be myself and be more comfortable in my own skin"

Darren Russell  
Volunteer



2700

Hours  
volunteered

89%

Of young people  
did something they  
were proud of

## Young people are happier and more likely to get involved in the arts

### The Young Sound

For more, see [Page 8](#)



"I can now play a bit more on drums, which makes me feel better about myself because now I can do something better than I could before. I feel that I have a skill I can be proud of"

Gemma Gailey  
The Young Sound

That Gemma has continued to attend Reeltime throughout this process is a mark of how important it has been to her mental health and sense of achievement. It has been the most meaningful thing happening in her life over this year and absolutely played to her strengths –love of music and creativity. I definitely think it has sustained her and given her hope in herself and in her life having better possibilities.

Dorothy Brownlie  
Clinician, CAMHS

## Opportunities create chances for more young people

### S.A.L.E

For more, see [Page 6](#)



"I think we worked well together as a team for this project. I've never worked this well with other people before."

Young Person  
S.A.L.E

Overall Reeltime Music has had a massive impact on Jamie in relation to his confidence, overcoming anxieties, learning social skills, attending activities and realising that meeting new people can be fun. He finds it very difficult to trust people and he now also has another group of tutors that he trusts which extends his support circle.

June McAleese  
Parent  
S.A.L.E







**1145**  
people worked with  
Reeltime this year

## Young people think creatively about the world of work

### Activity Agreement

For more, see [Page 6](#)



"I said on my first day here I wanted to try violin and you have actually made it happen.

This is the best day of my life, thank you so much."

Young Person  
Wishaw Learning Hub

Reeltime Music recently delivered a ten week project for our South 16+ Learning Hub. The young people reported that it was a fun and enjoyable programme which developed skills transferable to work or further education. Four young people enjoyed the programme so much they asked for it to be extended, which we were happy to do. We will without doubt be using Reeltime again for our new hub cohort.

Marita Nicol  
Community Learning & Development  
North Lanarkshire Council

## Opportunities create chances for more young people

### Volunteering

For more, see [Page 8](#)



"Without Reeltime I would still be an anxious wreck but now that they have helped me grow in confidence I've learned how to use my skills to help other young people through volunteering my time."

Emily Holden  
Volunteer

"Before I started volunteering I would never have thought of myself as a person who could teach or help others to build their confidence. I feel proud when I see how much it is appreciated and that they look up to me for guidance.

Being able to encourage these young people to take part in the workshops and seeing how it helps them has helped me. I've become more confident in myself. I feel I have changed as a person."

Darren Smyth  
Volunteer



Thank you for the workshop  
you provided for our summer  
programme this year. As  
always you guys are  
fantastic in achieving what  
you do in the time that you  
have and the young people  
loved it.

Aileen McEachan  
Community Learning  
& Development

# Meet the Staff

**Ryan Currie**  
Project Manager



**Liz Hamilton**  
Administrator



**Martin Corcoran**  
Senior Tutor



**Laura Scott**  
Senior Tutor



**John Gray**  
Senior Tutor



**Jamie McCaw**  
Volunteer  
Co-Ordinator



**Chris Hunter**  
Senior Tutor



**Craig Durning**  
Tutor



**Michelle Blair**  
Tutor



**Daniel Cairney**  
Tutor





There was a girl in the group who we have not managed to get into school at all since Christmas but she came in every week for Reeltime. Despite not getting much from the education system she now regularly attends a Reeltime group outwith school and even came to volunteer at our summer school because she knew Reeltime was involved. I think this shows how valuable your project is. A trusted service where young people feel safe to participate is just what you provide.

Jacqueline Love  
Community Learning & Development

**71%**  
Of young people felt  
better about themselves  
after working  
with Reeltime

# How **YOU** can get involved

## The Young Sound

If you are a young person between 14-18 years old, why not join one of our music groups, every Wednesday or Friday evening from 6-9pm?

Activities include working with others to organise band nights, making music, hanging out with friends and making music videos - all within the surroundings of a professional studio.

## Volunteering

If you have an interest in music, would like to help others and have some free time, why not become one of our volunteers?

As well as helping others, you too could also benefit by enhancing your skills.

## Board of Directors

We are always actively looking for more members to become part of the team at Reeltime on our Board of Directors.

All we ask is that you have a passion for music and helping others, a strong commitment and dedication in helping to further our organisation.

## Projects

Reeltime Music can deliver high quality outreach projects, especially to young people. If you or your organisation has an idea about a future project please contact us and we will be more than happy to discuss this further.



To find more information about Reeltime

[www.reeltimeusic.net](http://www.reeltimeusic.net)



Keep up to date with our events and workshops

[www.facebook.com/reeltimeusic](http://www.facebook.com/reeltimeusic)



Follow us on Twitter and join the Reeltime family!

[@reeltimeusic](https://twitter.com/reeltimeusic)



Music videos, Documentaries and more, Showcasing our talented young people

[www.youtube.com/reeltimeusic](http://www.youtube.com/reeltimeusic)



Help support our charity by donating at the following link

[www.reeltimeusic.net/donate](http://www.reeltimeusic.net/donate)

Reeltime Music

Newarthill Community Centre

High Street

Newarthill

Motherwell

North Lanarkshire

ML1 5JU

(01698) 862860



Thanks to Reeltime Music for delivering consistently high standard workshops to our young people. We always have a good laugh, which brings light relief to the hospital environment. Music is something that everyone can relate to and the workshops are well received

Lisa Eaglesham  
Teenage Cancer Trust

# Accounts

Statement of Financial Activities including an Income and Expenditure Account

Year Ended 31 March 2017

	Notes	Unrestricted funds £	Restricted funds £	Total 2017 £	Total 2016 £
<b>Income and Endowments from</b>					
Incoming resources from generated funds					
Donations		5,873		5,873	652
Charitable activities					
Grants	2	-	95,034	95,034	82,889
Workshops		34,700	-	34,700	17,629
Rehearsal fees		3,592	-	3,592	4,432
Projects		8,005	-	8,005	36,922
Technical Services		1,586	-	1,586	2,859
Interest Received		16	-	16	128
Other		1,495	-	1,495	446
<b>Total</b>		<b>55,267</b>	<b>95,034</b>	<b>150,301</b>	<b>145,957</b>
<b>Expenditure on:</b>					
Charitable activities	3	30,244	119,806	150,050	160,101
<b>Total resources expended</b>		<b>30,244</b>	<b>119,806</b>	<b>150,050</b>	<b>160,101</b>
<b>NET (EXPENDITURE) / INCOME</b>		<b>25,023</b>	<b>(24,772)</b>	<b>251</b>	<b>(14,144)</b>
<b>Transfer between funds</b>		<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Net movement in funds</b>		<b>25,023</b>	<b>(24,772)</b>	<b>251</b>	<b>(14,144)</b>
Total funds brought forward		54,383	66,541	120,924	135,068
Total funds carried forward		79,406	41,769	121,175	120,924

# Balance Sheet

31st March 2017

	Notes	2017 £	2016 £
<b>FIXED ASSETS:</b>			
Tangible assets	6	24,719	32,407
<b>CURRENT ASSETS:</b>			
Debtors	7	10,738	11,516
Cash in bank and on hand		86,568	78,728
Total Current Assets		97,306	90,244
<b>LIABILITIES:</b>			
Creditors: Amounts falling due within one year	8	(850)	(1,727)
<b>NET CURRENT ASSETS</b>		<b>96,456</b>	<b>88,517</b>
<b>TOTAL NET ASSETS</b>	<b>9</b>	<b>121,175</b>	<b>120,924</b>
<b>THE FUNDS OF THE CHARITY:</b>			
Unrestricted Funds	10	79,406	54,383
Restricted Funds	11	41,769	66,541
<b>TOTAL CHARITY FUNDS</b>		<b>121,175</b>	<b>120,924</b>



24  
volunteers



93%  
of young people  
learned something  
positive for the  
future



# Thank You!!!

**Most of all we want to thank  
our amazing young people**

## **Newarthill Community Centre Staff**

Moira Burns  
Treen Patterson  
Barbara Ross  
Janice McKennan  
Sharon Parker

## **Our Honorary Members**

Lord John Reid  
Hugh O'Donnell MSP  
Craig Reid  
Charlie Reid  
Kenny MacAskill MSP

## **Sessional Tutors and Volunteers**

Liam Brown  
Hayleigh Downie  
Lauren Dynes  
David Galloway  
Rachel Hewitt  
Emily Holden  
Darren McAleese  
Gillian McIntosh  
Michael Mulholland  
Darren Smyth  
Gillian Thomson  
Paige Docherty  
Courtney Feron  
Gemma Gailey  
Nicole Hunter  
Chloe Jamison  
Sam McCool  
Shannon McFarlane  
Helen Robertson  
Darren Russell  
Cerys Sellar  
Jenny Swinton  
Nicole Thomson  
Ruta Walker  
Caitlin Yuill

## **Partners and Supporters**

Gavin Whitefield  
Clare Adamson MSP  
Jim Sweeney (Youthlink Scotland)  
Heather McVey (Youthlink Scotland)  
Stewart Wright, Alex McGregor and Barbara Philliben  
(North Lanarkshire Council)  
Jim Park, John Scott, Sue Dodds and Andy Brodie  
(NLC Instrumental Services)  
Jim Bettley and the staff of SALE  
June Vallance & the staff of Shotts Healthy Living Centre  
Marita Nicol and the NLC CL&D Motherwell Team  
Lyn Taylor and the NLC CL&D Bellshill Team  
Simon Knight and the NLC CL&D Wishaw/Shotts Team  
The staff & young people of Action For Children Young  
Carers Project  
Anne Alexander (NHS Lanarkshire)  
Susan McMorrin (NHS Senior Health Promotion Officer)  
Lynne Cruickshank (North Lanarkshire Council)  
Ian McFarlane (Taylor High Partnership Officer)  
Lisa Crosby (Brannock High School Partnership Officer)  
Alex McLaughlin (St Ambrose High Partnership Officer)  
Gordon Swinton (Coltness High Partnership Officer)  
Lyndsey Hoy (Greenfaulds High School Partnership Officer)  
Magi Hamilton (Kilsyth Academy Partnership Officer)  
Jacqueline Love (Cumbernauld Academy Partnership  
Officer)  
Ian Waller and Annisha Montgomery (The Prince's Trust)  
The staff and young people of REACH Lanarkshire  
Michael McGinley and the staff of Willowbank School  
Lisa Eaglesham (Teenage Cancer Trust)  
All the staff from CAMHS  
Geraldine, Gary & Andy from Motherwell Shopping Centre  
Anne Clyde (UK Steel Enterprise Ltd)  
Rebecca Lamond and the staff of SBHS  
Carol Russell (Hope For Autism)  
Peter McGregor (Who Cares? Scotland)  
Anna Cortez

# Reeltime Board

Ian Anderson (Chair)  
Elizabeth Dunlop (Secretary)  
Kevin McGinley (Treasurer)  
David Cobb  
Scott MacFarlane  
Lindsey McGhie  
Carol Jones  
Robert Sullivan  
Linda Galbraith





# reeltime music

youth | music | community | recording studio

[www.reeltimeusic.net](http://www.reeltimeusic.net)

